



BEAUTY^{ON} ROSE



WELLNESS

INFRARED SAUNA

Add an additional guest to your session for half price

Casual	45 MINS • \$55
Express	20 MINS • \$35
3 Sessions*	\$150
6 Sessions*	\$270

LED THERAPY (FACE)

Casual	\$65
3 Sessions*	\$180
6 Sessions*	\$330

**to be used by one person. Expiry dates apply.*

30 Keilor Rd, Essendon North, VIC 3041

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SPA

SIGNATURE SPA PACKAGES

RESTORE & RENEW

80 MINUTES • \$289

Relax Massage | Hydration Facial

Complete body rejuvenation, this package is a fan favourite that combines our relaxation massage with a deeply nourishing facial therapy. Customised to your specific concerns, we'll spend 40mins on each treatment, leaving you floating on cloud 9.

ESCAPE & RECHARGE

110 MINUTES • \$339

Scrub | Mud Mask | Steam Infusion | Vichy Shower | Massage | Spa Facial

Enjoy a moment of calm with this total-body indulgence. Your experience begins with an enriching coconut body scrub before a healing mud mask is applied. Cocooned in your comfort, your stress melts away as the warm steam infuses your body, as you surrender to a relaxing scalp massage & spa facial as a prelude to your customised full-body aromatherapy massage.

REJUVENATE & REPLENISH

3 HRS & 20 MINS • \$449

Infrared | Massage | Facial | Pedicure | Bubbles

Immerse into the tranquil waters of your private float, allowing your body to rest and refuel with energy – it's like having 8hrs of deep sleep. This is followed by an aromatic full body massage for total bliss before the age defying facial deeply hydrates, tones, and treats any skin concerns you may have. This decadent indulgence is completed with our famous Deluxe Rose Pedicure and glass of bubbles!

IMMERSE & INDULGE

3 HRS & 40 MINS • \$529

Infrared | Body Scrub | Vichy Shower | Massage | Facial | Bubbles

A powerful mind and body immersion that will leave every inch of you feeling relaxed, hydrated, pampered, and revitalised. The therapeutic warmth of the infrared sauna will start the healing process for your body, before our spa therapists work their magic, cocooning you from head to toe with luxurious rituals that will see you surrender all your stress, elevate your wellbeing and leave you glowing from head to toe.

ELEVATE YOUR RITUAL

Personalise your treatment with targeted upgrades designed to deepen relaxation or enhance results.

SPA ENHANCEMENTS	
Hot Stones	\$25
Paraffin Infusion	\$30
Hair Mask	\$30
Infrared Sauna	20 MINS • \$35
Massage*	20 MINS • \$85
Spa Facial*	20 MINS • \$85

SKIN ENHANCEMENTS	
Oxygen	\$30
Microdermabrasion	\$45
Higher Strength Peel	\$45
Epiblading	\$50

**Enhancements available in conjunction with existing spa or facial services. Subject to availability.*

SPA RITUALS

INVIGORATE

35 MINS • \$129

Scrub | Moisturise

Stimulate your senses with our signature Sugar Scrub to exfoliate and smooth the skin from head to toe. Followed by intense hydration with our nourishing organic coconut balm, your skin will be glowing and silky smooth!

VITALITY

55 MINS • \$189

Scrub | Mud Mask | Vichy Shower

Surrender your stress to the tranquillity of healing waters and feel your tension meltaway. A sensory full-body exfoliation will smooth the skin before being cocooned in a full-body mud masque where you can relax with our signature scalp massage, a nurturing steam infusion, and a Vichy rain shower. Your skin will be deeply hydrated with a radiant glow.

ISLAND RITUAL

70 MINS • \$249

Body Scrub | Firming Wrap | Touch Facial

Blissfully melt away life's daily stresses with our blend of Fijian honey & coconut products. This ritual will hydrate, nourish, firm & strengthen the skin. A crushed coconut shell scrub is massaged into the body, followed by a thermal wrap to cocoon your body whilst firming & tighten your skin. When combined with our signature touch facial this treatment will leave your body & mind soothed, glowing and replenished.

STEAM RECHARGE

80 MINS • \$289

Steam | Kese Mitt Exfoliation | Body Mask | Body Massage

A luxurious fusion of a Turkish Hammam-inspired treatment. In your private steam sanctuary this ritual begins with a gentle exfoliation using traditional kese mitts, followed by a rich hydrating body mask. Conclude this nurturing experience with a deeply soothing massage, leaving you in a state of serene comfort.

SIGNATURE ROSE RITUAL

90 MINS • \$289

Foot Bath + Scrub | Full Body Massage | Scalp Massage | Touch Facial

An indulgent sensory journey designed to bring peace, balance and calm to the body and mind. This decadent head to toe ritual lets the energy of organic aromatherapy oil treat your body and senses to an utterly dreamy spa experience, encapsulating ancient beauty traditions and luxurious massage techniques to induce deep relaxation and inner wellness.

INNER GLOW PREGNANCY RITUAL

100 MINS • \$369

Foot Bath + Scrub | Full Body Massage | Traditional Facial

A nurturing experience designed to restore and renew whether before or after pregnancy. Enjoy a foot bath and exfoliation, followed by a full-body massage with nourishing oils, cradled by a pregnancy pillow for comfort. Finished with a pregnancy-safe spa facial, leaving your skin radiant and glowing.`

**Available after the first trimester*

SPA FACIALS

REFRESH

30 MINS • \$129

Traditional Facial | Mask | Neck & Shoulder Massage

Relax with this deep cleansing facial designed to nourish and hydrate the skin. A customised mask accelerates results and makes this the perfect skin pick-me-up.

HYDRATE & TONE

50 MINS • \$189

Traditional Facial | Jade Stone | Shoulder Massage

The ultimate facial experience to effectively combat the signs of ageing whilst delivering maximum relaxation. The skin is deeply cleansed, exfoliated and nourished with hydrating serums and antioxidants, while you surrender your stress to our relaxing neck and shoulder massage. Total Bliss!

RELAX

60 MINS • \$175 | 90 MINS • \$245
3 x 50min • \$399*

Unwind as your therapist works their magic, releasing muscle tension and re-aligning your body. Warm jade stone spheres are then gently applied to soothe pressure points, ease away lingering stress, and enhance your overall sense of balance. The perfect ritual for deep relaxation and a moment of solitude.

**3 Month expiry from purchase. Use by one person. Available for a limited time only.*

DESTRESS

60 MINS • \$190 | 90 MINS • \$265

A warming, targeted massage that blends peppermint and clove essential oils with firmer, targeted pressure to ease muscle tension and soothe aches. Tailored to your needs and performed at the firmest pressure your therapist can safely provide.

Please note: this is a relaxation treatment, not a remedial, clinical or sports aphysiotherapy service.

PREGNANCY

60 MINS • \$175

Take a moment to nourish your body and ease muscle tension with this deluxe full body massage. Designed specifically to meet the needs of pregnant women by relieving muscular aches, soothing joint pain and improving mobility. This massage is nurturing, safe and deeply relaxing.

**Available after the first trimester*

MESSAGE PACKAGES

DETOX ME

90 MINS • \$179

Infrared Sauna | Massage

Surrender your stress with this warming full body therapeutic massage. Our signature blend aromatherapy oil and warm stones glide smoothly over your body, releasing muscle tightness by focussing on specific areas of tension. A deeply relaxing massage to rejuvenate a tired, stressed body.

RESTORE & RENEW

80 MINS • \$289

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